Buffet Allergen Sheet

May-24

Item Description														
Bread Type / Sandwich Filling	**Cereals containing Gluten**	**Soya**	**Egg**	**Milk**	**Nuts**	**Sulphites**	**Mustard**	**Celery**	**Sesame**	**Crustaceans**	**Fish**	**Peanuts**	**Lupin**	**Molluscs**
White Bread	WHEAT	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Granary Bread	WHEAT, BARLEY	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Gluten Free Bread	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Butter Spread	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Chicken Salad	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Chicken Mayo	NO	NO	YES	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO
Chicken, Mayo & Bacon	NO	NO	YES	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO
Cheese & Ham	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Wiltshire Ham	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Ham Salad	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
BLT & Mayo	NO	NO	YES	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO
Bacon, Brie & Cranberry Sauce	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Bacon, Brie & Onion Chutney	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Roast Turkey, Bacon & Cranberry Sauce	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
New Yorker	NO	NO	NO	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO
Prawn Mayo & Leaves	NO	NO	YES	NO	NO	NO	YES	NO	NO	YES	NO	NO	NO	NO
Roast Beef, Horseradish & Rocket	NO	NO	NO	YES	NO	YES	YES	NO	NO	NO	NO	NO	NO	NO
Prawn Seafood	NO	NO	YES	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO
Smoked Salmon & Cream Cheese	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO
Tuna Mayo & Cucumber	NO	NO	YES	YES	NO	NO	YES	NO	NO	NO	YES	NO	NO	NO
Tuna Mayo & Sweetcorn	NO	NO	YES	YES	NO	NO	YES	NO	NO	NO	YES	NO	NO	NO
Tuna Mayo	NO	NO	YES	YES	NO	NO	YES	NO	NO	NO	YES	NO	NO	NO
Cheese & Pickle (V)	BARLEY	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO
Egg Mayo & Cress (V)	NO	NO	YES	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO
Brie, Cranberry & Leaves (V)	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Cheese Salad (V)	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Mexican Chilli Cheese (V)	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Goats Cheese, Fig & Rocket (V)	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Italian Job (V)	NO	NO	YES	YES	Cashew Nuts	NO	NO	NO	NO	NO	NO	NO	NO	NO
Vegan Cheese Salad	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
The Big Greek (VEGAN)	NO	NO	NO	NO	NO	NO	NO	YES	YES	NO	NO	NO	NO	NO
Item Description														
Wrap Type / Filling	**Cereals containing Gluten**	**Soya**	**Egg**	**Milk**	**Nuts**	**Sulphites**	**Mustard**	**Celery**	**Sesame**	**Crustaceans**	**Fish**	**Peanuts**	**Lupin**	**Molluscs**
Wraps	WHEAT	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Gluten Free Wraps	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Chicken Cosmo	NO	NO	YES	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO
Chicken Piri Piri	WHEAT	NO	YES	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO
Chicken Tikka	NO	NO	YES	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO
Texas Chicken	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Cheese & Onion (V)	NO	NO	YES	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO
Hummus & Roast Veg (VEGAN)	NO	NO	NO	NO	NO	NO	NO	YES	YES	NO	NO	NO	NO	NO
Mexcian Chilli Cheese (V)	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Brie, Cranberry & Leaves (V)	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Savoury Product	**Cereals containing Gluten**	**Soya**	**Egg**	**Milk**	**Nuts**	**Sulphites**	**Mustard**	**Celery**	**Sesame**	**Crustaceans**	**Fish**	**Peanuts**	**Lupin**	**Molluscs**
Mini Sausage Roll	WHEAT, BARLEY	YES	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO
Honey & Sesame Sausages	WHEAT	YES	NO	NO	NO	YES	NO	NO	YES	NO	NO	NO	NO	NO
Mini Pork Pies	WHEAT	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Scotch Eggs	WHEAT	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Chicken Goujons	WHEAT	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO
Duck Spring Rolls	WHEAT	YES	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO
Quiche Lorraine	WHEAT	NO	YES	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO

Tempura Prawns	WHEAT	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO
Proper Cornish Sausage Roll	GLUTEN	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Gluten Free Sausage Roll	NO	NO	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO
Gluten Free Chicken Goujons	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Mozzarella Sticks (V)	WHEAT	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Cheese & Onion Rolls (V)	WHEAT	NO	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Vegetable Sting Rolls	WHEAT	YES	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO
Vegetable Samosas	WHEAT	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Onion Bhaji (V)	WHEAT	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Gluten Free Mozzarella Sticks (V)	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Broccoli & Stilton Quiche (V)	WHEAT	NO	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Feta & Pepper Quiche (V)	WHEAT	NO	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Plain Falafel (VEGAN)	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Beetroot Falafel (VEGAN)	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Proper Cornish Vegan Sausage Roll	WHEAT	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO
Vegan Savoury Pie	WHEAT, BARLEY	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Item Description														
Crisps / Sauces	**Cereals containing Gluten**	**Soya**	**Egg**	**Milk**	**Nuts**	**Sulphites**	**Mustard**	**Celery**	**Sesame**	**Crustaceans**	**Fish**	**Peanuts**	**Lupin**	**Molluscs**
Burts Lightly Sea Salted (GF, VEGAN)	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Burts Sea Salt & Malt Vinegr (VEGAN)	BARLEY	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Burts Spicy Sweet Chilli (GF, VEGAN)	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Burts Smoked Crispy Bacon (GF)	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Mango Chutney	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Hoisin Sauce	WHEAT, BARLEY	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Sweet Chilli Sauce	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
BBQ Sauce	NO		NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Pickle	BARLEY		NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO
Cakehead	**Cereals containing Gluten**	**Soya**	**Egg**	**Milk**	**Nuts**	**Sulphites**	**Mustard**	**Celery**	**Sesame**	**Crustaceans**	**Fish**	**Peanuts**	**Lupin**	**Molluscs**
Lemon & Whitechocolate Blondie	WHEAT	YES	YES	MILK	ALMONDS, PISTACHIOS	NO	NO	NO	NO	NO	NO	NO	NO	NO
Raspberry & Coconut Brownie (VEGAN,GF)		YES	NO	NO	ALMONDS	NO	NO	NO	NO	NO	NO	NO	NO	NO
Double Chocolate Brownie	WHEAT	YES	YES	YES	ALMONDS	NO	NO	NO	NO	NO	NO	NO	NO	NO
Black Forest Slice	WHEAT	YES	YES	YES	ALMONDS	NO	NO	NO	NO	NO	NO	NO	NO	NO
Victoria Sponge Slice	WHEAT	NO	YES	YES	ALMONDS	NO	NO	NO	NO	NO	NO	NO	NO	NO
Chocolate & Orange Brownie (GF)	NO	YES	YES	YES	ALMONDS	NO	NO	NO	NO	NO	NO	NO	NO	NO
Lemon Drizzled Load Slice	WHEAT		YES	YES	ALMONDS	NO	NO	NO	NO	NO	NO	NO	NO	NO
Caramel Shortbread	WHEAT	YES	NO	YES	ALMONDS	NO	NO	NO	NO	NO	NO	NO	NO	NO
Raspberry & Almond Bakewell Slice	WHEAT		YES	YES	ALMONDS	NO	NO	NO	NO	NO	NO	NO	NO	NO
Pecan & Caramel Brownie (GF & VEGAN)	NO	YES	NO	NO	PECAN, ALMONDS	NO	NO	NO	NO	NO	NO	NO	NO	NO
S'Mores Brookie	WHEAT	YES	YES	YES	ALMONDS	NO	NO	NO	NO	NO	NO	NO	NO	NO
Blackcurrant Blondie	WHEAT	YES	YES	YES	ALMONDS	NO	NO	NO	NO	NO	NO	NO	NO	NO
Coffee & Hazelnut	NO	YES	YES	YES	ALMONDS, HAZELNUTS	NO	NO	NO	NO	NO	NO	NO	NO	NO
Cakehead	**Cereals containing Gluten**	**Soya**	**Egg**	**Milk**	**Nuts**	**Sulphites**	**Mustard**	**Celery**	**Sesame**	**Crustaceans**	**Fish**	**Peanuts**	**Lupin**	**Molluscs**
Lemon & Polenta Cake	NO	YES	YES	YES	ALMONDS	NO	NO	NO	NO	NO	NO	NO	NO	NO
Raspberry & Almond Cake	NO	NO	YES	YES	ALMONDS	NO	NO	NO	NO	NO	NO	NO	NO	NO
Chocolate Truffle Cake	WHEAT, BARLEY	YES	YES	YES	ALMONDS	NO	NO	NO	NO	NO	NO	NO	NO	NO
Sticky Toffee Slump Cake	WHEAT	YES	YES	YES	ALMONDS	NO	NO	NO	NO	NO	NO	NO	NO	NO
All Butter Flapjack	OATS	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Black Cherry & Almond	WHEAT	NO	YES	YES	ALMONDS	NO	NO	NO	NO	NO	NO	NO	NO	NO
Cherry Shortbread	WHEAT	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Chocolate Brownie (GF)	NO	YES	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Chocolate Caramel Shortcake	WHEAT	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Honeycomb Tiffin	WHEAT	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Rocky Road	WHEAT	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Salted Caramel & Nut Slice	WHEAT	NO	NO	YES	PECAN, HAZELNUTS	NO	NO	NO	NO	NO	NO	NO	NO	NO
White Chocolate Caramel Shortcake	WHEAT	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Maple & Pecan Flapjack (GF & VEGAN)	OATS	NO	NO	NO	PECAN	NO	NO	NO	NO	NO	NO	NO	NO	NO
Chocolate Cake	WHEAT	YES	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO

Coffee & Walnut Cake	WHEAT	NO	YES	NO	WALNUTS	NO	NO	NO	NO	NO	NO	NO	NO	NO
Rich Fruit Cake	WHEAT	NO	YES	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO
Toffee Cake	WHEAT	NO	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Vegan Chocolate Cake	WHEAT	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Victoria Sponge	WHEAT	NO	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Yoghurt Topped Apple & Blackcurrant Flapjack	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Rich Caramel Topped Flapjack	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO